

CROSSCURRENT ONLINE

Our next session will be held February 8 - March 28, 2024. We will meet on Thursdays from 7:00 AM - 8:30 AM Central Standard Time (consider relative to your time zone)

Participants can join at any time during the 8 weeks and may attend once or every week.

Crosscurrent is an open, Christ-centered support group for those seeking truth and grace in their sexuality and relationships. Participants are welcome to join for one, several, or all of the meetings and may join any week during the 8-week series.

We are very glad that you are planning to join us. Those of us on the Crosscurrent team know the struggle for grace and truth, and we are honored to help you find meaningful answers to questions you may have about your relationships and sexuality.

More than anything else, we hope that we can point you to the hope that we share in Christ. No matter how broken or hopeless we may perceive ourselves, God upholds us in hope. He can't help it! His love for us never fails. We hope that you will discover that hopeful love with us.

During the group, we utilize the CrossCurrent curriculum. Though not required, it may be purchased in hard copy at the following link: <https://www.shopdesertstream.org/product-page/crosscurrent>.

[Also available for Kindle, here, at this link.](#)

A few guidelines to help make the group a hopeful place for everyone:

Because this group is open to anyone seeking help in deep and difficult areas of their lives, we each need to take responsibility for making the group a safe and healing place for others. We can do that by:

1. Respecting the dignity of each person. That means not treating anyone as an object of sexual desire, anger, or disgust. This group is founded on the truth that we are each made in God's image. We are committed to loving each person accordingly. Team members will intervene if one violates a participant's integrity as an image-bearer.
2. What people share is strictly confidential. Our secrets, once disclosed, are sacred. That applies to all who participate in the large and small groups. The only exception is if disclosure involves your intent to inflict grave harm upon yourself or another human being. Team members would first give you an opportunity to confess to the proper channels before taking any action ourselves.
3. This group may not be the one best suited for your needs. The Crosscurrent team reserves the right to counsel and advise you about your ongoing participation in Crosscurrent. If we have concerns about your involvement, we will engage with you about them. We appreciate your cooperation.
4. CrossCurrent is a program for adults only. Minors possess unique needs that we are not able to adequately address.

VIRTUAL GUIDELINES

One of the important goals of our group is to create a safe and confidential environment for disclosing deep needs and praying. Due to the unique challenges of a virtual environment, we ask that you agree to, and uphold, the following boundaries. Participating in the group signifies your agreement. To ensure the integrity of the group, the group facilitator reserves the right to remove a participant who violates these guidelines at any time.

TECHNICAL PARAMETERS:

- Everyone must log in using their own individual device. Position yourself in an isolated room and remain stationary throughout the meeting. Do not allow others to view your screen or overhear during a session.
- Use headphones or earbuds if others outside the room might overhear.
- Do not record any audio or video from a session.
- Do not capture any screenshots during a session.
- During the same-gender small group (pre-designated), turn on your camera if you have one and unmute only when you speak. Otherwise, mute your microphone.

SMALL GROUP PARTICIPATION

- *Confidentiality:* This means no sharing outside of the group unless it's about you and what is happening in your own life. Confidentiality creates trust to be able to share openly and honestly without fear.
- *Personal Sharing:*
 - Use "I" statements, try to refrain from using "you." This creates distance from your emotions as well as distance in the group (it can be seen as advice).
 - Talk about yourself, not others, i.e., your spouse or friends. This keeps you from shifting blame and justifying self-pity.
 - Don't tell stories about others.
 - Please do not use graphic details when sharing.
 - Don't preach about what others should think, feel, or do.
 - Wait for the person who is sharing to finish speaking before you speak.
 - It's okay to remain silent.
 - Be who you are, not who you think people want you to be.
- *Avoid Cross Talk:* That means commenting on another's sharing rather than opening up about your own life and struggle. Avoid any criticism, advice-giving, questioning, or denial of another's pain.
- *Focus on You:* The focus of the small group time is to address and work on your own issues. Focusing on others will detract you from your healing.

While there is no fee for this online group, [your donations](#) are what make it possible. Thank you!

Each participant must sign-up in advance using the following link:

<https://forms.gle/4shNs78NiRWkpq1MA>